

MONDAY				TUESDAY				WEDNESDAY			
A (AJ)	B (JQ / AJ)	C (SD)	D (SB)	A (SD)	B (JQ/SS)	C (DDC/BV/AJ)	D (SB)	A (SD)	B (JQ/AJ)	C (DDC / TA)	D (AJ/AH)
	Pursuit * ADV RAD Ballet 12:30 - 2:00	Pre Inter * Contemporary 12:30 - 2:00		12:00 - 1:30 4-Improv 1:30 - 3:30 PRIVATES	10:30 - 11:45 4-Ballet			Inter *	Pursuit * Ballet Tech 12:30 - 2:00	Kinder 3/4 1:00-1:45	
	Pre Inter * Gr 5/Int F RAD Ballet 2:00 - 3:15	Pursuit * Modern & Choreo 2:00 - 3:30	Petite * Tap Choreo 3:30 - 4:15	Sr Bridge * Contemporary & Choreo 3:30 - 4:45	Petite * Ballet Choreo 3:15 - 4:00 Pre Junior * Contemporary 4:00 - 4:45	Primary Tap (5&6 yrs) 3:15 - 4:00 Mini * Jazz (Choreo) 4:00 - 4:45	Mini Tap * 3:15 - 4:00 Petite * Gr2 ISTD Tap 4:00 - 4:45 Junior * Tap Choreo 4:45 - 5:30 Pre Junior * Gr3 ISTD Tap 5:30 - 6:30 Pre Inter * Gr 5 ISTD Tap 6:30 - 7:30 Pre Inter * Tap Choreo 7:30 - 8:15 Adv 1 8:15 - 8:45 8:45 - 9:45 Tap Choreo	Improv & Choreo 12:30 - 2:30 Pursuit *	Cleaning 2:00 - 2:30 Inter * Inter F/Interm RAD Ballet 2:30 - 3:45 Cleaning 3:45 - 4:15 Pre Inter * Ballet Tech 4:15 - 5:15 Ballet Choreo 5:15 - 6:00 Sr Bridge * Jazz Progress & Choreo 6:00 - 7:15 AJ cleans	Junior * Jazz 3:15 - 4:00 Junior * Broadway 4:00 - 4:45 Petite * Jazz 4:45 - 5:30 Pre Junior * Broadway 5:30 - 6:15 Pre Int/Bridge* Broadway 6:15 - 7:15 Int Bridge* Jazz Tech 7:15 - 8:15	Pre Primary Jazz (5/6yrs) 3:30 - 4:15 Hip Hop A (6-8yrs) 4:15 - 5:00 Hip Hop C (10-12 yrs) 5:00 - 6:00 Tap 1 (7-9yrs) 6:15 - 7:15 Tap 2 (10-12yrs) 7:15 - 8:15 Teen Tap (12+ yrs) 8:15 - 9:15
Acro A (6-8 yrs) 3:30 - 4:15	Pre Inter * Cleaning 3:15 - 3:45 Inter * Ballet Tech 3:45 - 5:00 Junior *	Pursuit * Jazz Progressions 3:30 - 5:00 Inter *	Pre Junior * Tap Choreo 4:15 - 5:00 Senior & Pursuit * Tap Tech(A2) 5:00 - 6:15 Junior * Gr 4 ISTD Tap 6:15 - 7:15	Pre Inter * Jazz Progress & Improv 4:45 - 6:00 Senior * Contemporary & Choreo 6:00 - 7:30 SD cleans	Pre Junior * Ballet Choreo 4:45 - 5:30 Junior * Ballet Choreo 5:30 - 6:30 Junior * Contemporary 6:30 - 7:30 Senior/Pursuit Open Ballet 7:30 - 8:45 SS cleans	Petite * Broadway 4:45 - 5:30 Int Bridge * Gr 5 Ballet 5:30 - 6:30 Jazz 1-B (7-9 yrs) 6:30 - 7:30 Jazz 2 (10-12) 7:30 - 8:30 Teen Cont (12+) 8:30 - 9:30 AJ cleans	Gr2 ISTD Tap 4:00 - 4:45 Junior * Tap Choreo 4:45 - 5:30 Pre Junior * Gr3 ISTD Tap 5:30 - 6:30 Pre Inter * Gr 5 ISTD Tap 6:30 - 7:30 Pre Inter * Tap Choreo 7:30 - 8:15 Adv 1 8:15 - 8:45 8:45 - 9:45 Tap Choreo	Contemporary & Choreo 2:30 - 4:15 Inter * Jazz Progressions 4:15 - 5:45 Senior * Modern & Improv 5:45 - 7:15 SD cleans	Ballet Choreo 2:30 - 3:45 Cleaning 3:45 - 4:15 Pre Inter * Ballet Tech 4:15 - 5:15 Ballet Choreo 5:15 - 6:00 Sr Bridge * Jazz Progress & Choreo 6:00 - 7:15 Senior* Jazz Progress 7:15 - 8:45	Junior * Broadway 4:00 - 4:45 Petite * Jazz 4:45 - 5:30 Pre Junior * Broadway 5:30 - 6:15 Pre Int/Bridge* Broadway 6:15 - 7:15 Int Bridge* Jazz Tech 7:15 - 8:15	Hip Hop A (6-8yrs) 4:15 - 5:00 Hip Hop C (10-12 yrs) 5:00 - 6:00 Tap 1 (7-9yrs) 6:15 - 7:15 Tap 2 (10-12yrs) 7:15 - 8:15 Teen Tap (12+ yrs) 8:15 - 9:15
Jazz 1 (7-9 yrs) 4:15 - 5:15	Ballet Tech 3:45 - 5:00 Junior *	Inter *	Senior & Pursuit * Tap Tech(A2) 5:00 - 6:15 Junior * Gr 4 ISTD Tap 6:15 - 7:15	Contemporary & Choreo 6:00 - 7:30 SD cleans	Junior * Ballet Choreo 5:30 - 6:30 Junior * Contemporary 6:30 - 7:30 Senior/Pursuit Open Ballet 7:30 - 8:45 SS cleans	Int Bridge * Gr 5 Ballet 5:30 - 6:30 Jazz 1-B (7-9 yrs) 6:30 - 7:30 Jazz 2 (10-12) 7:30 - 8:30 Teen Cont (12+) 8:30 - 9:30 AJ cleans	Pre Inter * Gr 5 ISTD Tap 6:30 - 7:30 Pre Inter * Tap Choreo 7:30 - 8:15 Adv 1 8:15 - 8:45 8:45 - 9:45 Tap Choreo	Contemporary & Choreo 2:30 - 4:15 Inter * Jazz Progressions 4:15 - 5:45 Senior * Modern & Improv 5:45 - 7:15 SD cleans	Ballet Tech 4:15 - 5:15 Ballet Choreo 5:15 - 6:00 Sr Bridge * Jazz Progress & Choreo 6:00 - 7:15 Senior* Jazz Progress 7:15 - 8:45	Junior * Broadway 4:00 - 4:45 Petite * Jazz 4:45 - 5:30 Pre Junior * Broadway 5:30 - 6:15 Pre Int/Bridge* Broadway 6:15 - 7:15 Int Bridge* Jazz Tech 7:15 - 8:15	Hip Hop A (6-8yrs) 4:15 - 5:00 Hip Hop C (10-12 yrs) 5:00 - 6:00 Tap 1 (7-9yrs) 6:15 - 7:15 Tap 2 (10-12yrs) 7:15 - 8:15 Teen Tap (12+ yrs) 8:15 - 9:15
Broadway Prod (7-14 yrs) 5:15 - 6:15	Gr 4 RAD ballet 5:00 - 6:00 Sr Bridge * Modern Tech 6:15-7:15 Acro 2 (10+ ex) 7:15-8:15 Teen Jazz 8:15 - 9:15	Contemporary 5:00 - 6:45 SD cleans	Junior * Gr 4 ISTD Tap 6:15 - 7:15 Inter/Bridge TT 7:15 - 8:15 Sr Brg Tap CH 8:15 - 9:00 SB cleans	Contemporary & Choreo 6:00 - 7:30 SD cleans	Junior * Ballet Choreo 5:30 - 6:30 Junior * Contemporary 6:30 - 7:30 Senior/Pursuit Open Ballet 7:30 - 8:45 SS cleans	Int Bridge * Gr 5 Ballet 5:30 - 6:30 Jazz 1-B (7-9 yrs) 6:30 - 7:30 Jazz 2 (10-12) 7:30 - 8:30 Teen Cont (12+) 8:30 - 9:30 AJ cleans	Pre Inter * Gr 5 ISTD Tap 6:30 - 7:30 Pre Inter * Tap Choreo 7:30 - 8:15 Adv 1 8:15 - 8:45 8:45 - 9:45 Tap Choreo	Contemporary & Choreo 2:30 - 4:15 Inter * Jazz Progressions 4:15 - 5:45 Senior * Modern & Improv 5:45 - 7:15 SD cleans	Ballet Choreo 5:15 - 6:00 Sr Bridge * Jazz Progress & Choreo 6:00 - 7:15 Senior* Jazz Progress 7:15 - 8:45	Junior * Broadway 5:30 - 6:15 Pre Int/Bridge* Broadway 6:15 - 7:15 Int Bridge* Jazz Tech 7:15 - 8:15	Hip Hop A (6-8yrs) 4:15 - 5:00 Hip Hop C (10-12 yrs) 5:00 - 6:00 Tap 1 (7-9yrs) 6:15 - 7:15 Tap 2 (10-12yrs) 7:15 - 8:15 Teen Tap (12+ yrs) 8:15 - 9:15
THURSDAY				FRIDAY				SATURDAY			
A (SS)	B (BVD)	C (DDC/AJ)	D (AJ/MH)	A (AJ)	B (BVD)	C	D	A (SD)	B	C (AH)	D (AH)
		Kinder 3/4 1:00-1:45			Parent & Tot 10-10:45 Intro Preschl 11-11:45 Pre Prim Ballet (5-6 yrs) 3:15 - 4:00 Ballet 1 (7-9yrs) 4:00 - 5:00 Mini * Ballet Tech 5:00 - 5:45 Ballet 2 6:00 - 7:00 Senior OPT* Open RAD Ballet 7:00 - 8:15 AJ cleans	3:30 - 5:30 PRIVATE LESSONS DDC DDC cleans		9:00 - 2:30 HELIX DANCE THEATRE (2 per mth) 2:30-4:30 PRIVATE LESSONS SD SD cleans	HELIX 9:00 - 1:30 AJ cleans	HELIX 10:00 - 12:00 JA cleans	Kinder Kombo (3-4) 10:00 - 1:45 Kinder Kombo (4-5) 11:00 - 11:45 Primary Combo 12:00 - 1:00 Dance Combo (7-9yrs) 11:00 - 2:00 AH cleans
Mini * Ballet Choreo 3:30 - 4:15 Pre Int/Int Br*	Pre Junior * Gr3 RAD Ballet 3:30 - 4:30 Petite *	Primary Ballet (6 yrs) 3:45 - 4:30 Pre Junior * Jazz 4:30 - 5:30 Petite * Movement 5:30 - 6:15	Int Bridge * Contemporary 3:15 - 4:15 Adv Intense Hip Hop 4:15 - 5:30 Pre Jr/Jr * Hip Hop 5:30 - 6:30	Primary Jazz (6-7 yrs) 3:30 - 4:15 Acro B (9-11yrs) 4:15 - 5:00 Contemporary 1 (7-9 yrs) 5:00 - 6:00 Adv Acro (12+ yrs exp) 6:00 - 7:15 Contemporary 2 (10-12 yrs) 7:15 - 8:15 AJ cleans	Parent & Tot 10-10:45 Intro Preschl 11-11:45 Pre Prim Ballet (5-6 yrs) 3:15 - 4:00 Ballet 1 (7-9yrs) 4:00 - 5:00 Mini * Ballet Tech 5:00 - 5:45 Ballet 2 6:00 - 7:00 Senior OPT* Open RAD Ballet 7:00 - 8:15 AJ cleans	3:30 - 5:30 PRIVATE LESSONS DDC DDC cleans		9:00 - 2:30 HELIX DANCE THEATRE (2 per mth) 2:30-4:30 PRIVATE LESSONS SD SD cleans	HELIX 9:00 - 1:30 AJ cleans	HELIX 10:00 - 12:00 JA cleans	Kinder Kombo (3-4) 10:00 - 1:45 Kinder Kombo (4-5) 11:00 - 11:45 Primary Combo 12:00 - 1:00 Dance Combo (7-9yrs) 11:00 - 2:00 AH cleans
Ballet Tech 4:15 - 5:15 Inter *	Gr2 RAD Ballet 4:30 - 5:30 Pre Int/Int Br*	Pre Junior * Jazz 4:30 - 5:30 Petite * Movement 5:30 - 6:15	Adv Intense Hip Hop 4:15 - 5:30 Pre Jr/Jr * Hip Hop 5:30 - 6:30	Contemporary 1 (7-9 yrs) 5:00 - 6:00 Adv Acro (12+ yrs exp) 6:00 - 7:15 Contemporary 2 (10-12 yrs) 7:15 - 8:15 AJ cleans	Parent & Tot 10-10:45 Intro Preschl 11-11:45 Pre Prim Ballet (5-6 yrs) 3:15 - 4:00 Ballet 1 (7-9yrs) 4:00 - 5:00 Mini * Ballet Tech 5:00 - 5:45 Ballet 2 6:00 - 7:00 Senior OPT* Open RAD Ballet 7:00 - 8:15 AJ cleans	3:30 - 5:30 PRIVATE LESSONS DDC DDC cleans		9:00 - 2:30 HELIX DANCE THEATRE (2 per mth) 2:30-4:30 PRIVATE LESSONS SD SD cleans	HELIX 9:00 - 1:30 AJ cleans	HELIX 10:00 - 12:00 JA cleans	Kinder Kombo (3-4) 10:00 - 1:45 Kinder Kombo (4-5) 11:00 - 11:45 Primary Combo 12:00 - 1:00 Dance Combo (7-9yrs) 11:00 - 2:00 AH cleans
Modern Tech 5:15 - 6:15 Pre Int/Int Br*	PBT 5:30 - 6:15 Inter/Sr Bridge*	Petite * Movement 5:30 - 6:15	Pre Jr/Jr * Hip Hop 5:30 - 6:30	Contemporary 1 (7-9 yrs) 5:00 - 6:00 Adv Acro (12+ yrs exp) 6:00 - 7:15 Contemporary 2 (10-12 yrs) 7:15 - 8:15 AJ cleans	Parent & Tot 10-10:45 Intro Preschl 11-11:45 Pre Prim Ballet (5-6 yrs) 3:15 - 4:00 Ballet 1 (7-9yrs) 4:00 - 5:00 Mini * Ballet Tech 5:00 - 5:45 Ballet 2 6:00 - 7:00 Senior OPT* Open RAD Ballet 7:00 - 8:15 AJ cleans	3:30 - 5:30 PRIVATE LESSONS DDC DDC cleans		9:00 - 2:30 HELIX DANCE THEATRE (2 per mth) 2:30-4:30 PRIVATE LESSONS SD SD cleans	HELIX 9:00 - 1:30 AJ cleans	HELIX 10:00 - 12:00 JA cleans	Kinder Kombo (3-4) 10:00 - 1:45 Kinder Kombo (4-5) 11:00 - 11:45 Primary Combo 12:00 - 1:00 Dance Combo (7-9yrs) 11:00 - 2:00 AH cleans
Modern Tech 6:15 - 7:15 Pursuit *	PBT 6:15 - 7:15 Senior * Ballet 7:15 - 8:30	Hip Hop B (8-10yrs) 6:15 - 7:15 Teen Hip Hop (12+ yrs) 7:15 - 8:15 AJ cleans	Adult Hip Hop 6:30 - 7:30 Pre Inter * Hip Hop 7:30 - 8:30 MH cleans	Contemporary 1 (7-9 yrs) 5:00 - 6:00 Adv Acro (12+ yrs exp) 6:00 - 7:15 Contemporary 2 (10-12 yrs) 7:15 - 8:15 AJ cleans	Parent & Tot 10-10:45 Intro Preschl 11-11:45 Pre Prim Ballet (5-6 yrs) 3:15 - 4:00 Ballet 1 (7-9yrs) 4:00 - 5:00 Mini * Ballet Tech 5:00 - 5:45 Ballet 2 6:00 - 7:00 Senior OPT* Open RAD Ballet 7:00 - 8:15 AJ cleans	3:30 - 5:30 PRIVATE LESSONS DDC DDC cleans		9:00 - 2:30 HELIX DANCE THEATRE (2 per mth) 2:30-4:30 PRIVATE LESSONS SD SD cleans	HELIX 9:00 - 1:30 AJ cleans	HELIX 10:00 - 12:00 JA cleans	Kinder Kombo (3-4) 10:00 - 1:45 Kinder Kombo (4-5) 11:00 - 11:45 Primary Combo 12:00 - 1:00 Dance Combo (7-9yrs) 11:00 - 2:00 AH cleans
Modern Tech 7:15 - 8:30 Sr Bridge * Ballet Tech 8:30 - 9:30	Sr/Pursuit * PBT 8:30 - 9:30	AJ cleans	MH cleans	Contemporary 1 (7-9 yrs) 5:00 - 6:00 Adv Acro (12+ yrs exp) 6:00 - 7:15 Contemporary 2 (10-12 yrs) 7:15 - 8:15 AJ cleans	Parent & Tot 10-10:45 Intro Preschl 11-11:45 Pre Prim Ballet (5-6 yrs) 3:15 - 4:00 Ballet 1 (7-9yrs) 4:00 - 5:00 Mini * Ballet Tech 5:00 - 5:45 Ballet 2 6:00 - 7:00 Senior OPT* Open RAD Ballet 7:00 - 8:15 AJ cleans	3:30 - 5:30 PRIVATE LESSONS DDC DDC cleans		9:00 - 2:30 HELIX DANCE THEATRE (2 per mth) 2:30-4:30 PRIVATE LESSONS SD SD cleans	HELIX 9:00 - 1:30 AJ cleans	HELIX 10:00 - 12:00 JA cleans	Kinder Kombo (3-4) 10:00 - 1:45 Kinder Kombo (4-5) 11:00 - 11:45 Primary Combo 12:00 - 1:00 Dance Combo (7-9yrs) 11:00 - 2:00 AH cleans

**LEGEND**

- Private lessons
- 8 week courses
- Kinder
- Primary
- General
- Mini (part) Intensive
- Petite Intensive
- Pre Jr Intensive
- Junior Intensive
- Inter Bridge Intensive
- Pre Inter Intensive
- Inter Intensive
- Sr Bridge Intensive
- Senior Intensive
- Pursuit Intensive

\* must be recommended for these classes

**RETAIL / OFFICE HOURS**

Monday - Closed  
 Tuesday 12:30 - 5:30 (BVD)  
 Wednesday 12:00 - 6:30 (DDC)  
 Thursday 12:00 - 3:30 & 5:30 - 6:30 (DDC-12, BVD-1)  
 Friday 12:00 - 4:00 (DDC-12 & BVD-1)  
 Saturday by appointment only